

# PAN PACIFIC Rock 'n' Roll and Swing Dance Championships



**Saturday, 13th October 2018**  
**Syllabus**

**Club Condell Park, 178 Eldridge Rd,  
Bankstown NSW**

Find us on 

[www.panpacificrocknrollnswing.com.au](http://www.panpacificrocknrollnswing.com.au)

# PAN PACIFIC ROCK'N'ROLL & SWING DANCE CHAMPIONSHIPS

## Saturday, 13<sup>th</sup> October 2018

### Entries in writing close FRIDAY, 14<sup>th</sup> September 2018 by 5pm

Official Entry Form is enclosed. Please note that late entries will not be accepted. Additional Entry forms and ticket order forms are also available at [www.panpacificrocknrollnswing.com.au](http://www.panpacificrocknrollnswing.com.au). **Entries will only be accepted on the official entry form.**

Submission of an entry is considered an agreement to appear and dance.

Competitors' entry fees and door admission payments are to be submitted with entries, please refer to enclosed forms.

		Pre-Purchase	On the Day
Competitor	Sub-Juvenile	\$10.00	
Competitor	Junior/Juvenile	\$30.00	
Competitor	Youth	\$50.00	
Competitor	Adult/Masters I	\$50.00	
Competitor	Masters II & III	\$45.00	
Competitor	Novelties / Pro-Am	\$15.00 extra per event	
Spectator	Under 16 yrs & Pensioner	\$18.00	\$25.00
Spectator	Adult	\$32.00	\$40.00
Spectator	Family (2 Adults & 2 Children)	\$80.00	\$85.00

(All prices are inclusive of GST)

**Please note:** 1) Spectator Tickets purchased on the day are sold at *an increased rate*;  
2) All Novelty & Pro-Am events incur a charge of \$15.00 per event;  
3) Late entries will not be accepted after the closing date.

**N.B. Spectators wishing to enter Novelties / Pro-Am are required to pay \$15.00 per event.**

### Advertising Space Available

Advertise your business, festivals, dance schools, products and events within the PAN PACIFIC ROCK 'N' ROLL and SWING DANCE CHAMPIONSHIPS Souvenir Programme, which will be available for purchase on the day.

Closing date for copy and payment before 14<sup>th</sup> September 2018

Please email [admin@panpacificrocknrollnswing.com.au](mailto:admin@panpacificrocknrollnswing.com.au) for more details and packages.

P: 0435 499 747 / 0438 524 929

[events@panpacificrocknrollnswing.com.au](mailto:events@panpacificrocknrollnswing.com.au)

PO BOX 5340 GREYSTANES NSW 2145

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1. Competitor entries may be lodged either individually or through studios as in the past but WILL NOT be accepted or processed unless accompanied by FULL Payment for all competitors.
2. Ticket orders for spectators after Friday, 22<sup>nd</sup> September 2018, 5pm will need to be purchased at the door on the day of competition.
3. **NO COMPETITOR ENTRIES WILL BE ACCEPTED ON THE DAY.**
4. Competitor fees will be non-refundable for competitors unable to meet their commitment to attend and compete because of illness (subject to the return of the tickets within five days of the event accompanied by the appropriate medical certificate) will have their entry fees held in credit towards the next PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS.
5. **Advance purchase of spectator tickets is welcomed and encouraged. Secured premium seating must be pre-booked and will attract a \$5.00 surcharge per seat.**
6. The management of the Club stipulates that under no circumstances will food or beverages be allowed into or onto the licensed premise. For your convenience, food and drinks are available at the club.
7. A \$5.00 deposit is required to collect each competitor number(s). A separate number is required for each partner. This is a refundable deposit on return of the competitor number to the registration table.
8. Competitors dancing in Sub-Juvenile, Juvenile and Junior may dance up one category. Youth competitors are eligible to dance up to Adult. Masters I, II, III are eligible to dance down to Adult.
9. All competitors are required in the marshalling area three (3) events prior to their event.
10. By entering the competition as a competitor/spectator you give permission for your photo/video to be taken and used by ROCK 'N' ROLL and SWING DANCE FACULTY.
11. Video Options: requires a tag to be purchased and attached to the Mobile phone (hand held) for \$5, Competitor Event Video Package of the Competitor – up to 7 events for \$30, All Competitor events \$50. - Delivered via download links

We look forward to your support for the  
PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS.

Yours in dance,  
Jan O'Shea  
President  
On behalf of the Organising Committee

**CLOSING DATE FOR ENTRIES – FRIDAY, 14<sup>th</sup> September 2018 by 5pm**

**FORMS and DETAILS AVAILABLE ONLINE AT**

**[www.panpacificrocknrollnswing.com.au](http://www.panpacificrocknrollnswing.com.au)**

**Enquiries or Questions:**

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**PAN PACIFIC ROCK'N'ROLL & SWING DANCE CHAMPIONSHIPS**  
**Saturday, 13<sup>th</sup> October 2018**  
**Syllabus of Events**

<b>ROCKABILLY</b>		
<b>Event</b>	<b>Grade</b>	<b>Type</b>
<b>Sub – Juvenile (Under 11 years)</b>		
1	Open	
<b>Juvenile (11-14 years)</b>		
2	E	
3	D	
4	Open	
<b>Junior (15-17 years)</b>		
5	E	
6	D	
7	Open	
<b>Youth (18-21 years)</b>		
8	E	
9	D	
10	Open	
<b>Adult (22-34 years)</b>		
11	E	
12	D	
13	Open	
14	Open Invitational	
<b>Masters I (35-44 years)</b>		
15	E	
16	D	
17	Open	
<b>Masters II (45-59 years)</b>		
18	E	
19	D	
20	Open	
<b>Masters III (60 years and over)</b>		
21	E	
22	D	
23	Open	
<b>PRO-AMS</b>		
24		Juvenile / Junior
25		Youth / Adult
26		Masters

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<b>ROCK 'N' ROLL</b>		
<b>Event</b>	<b>Grade</b>	<b>Type</b>
<b>Sub – Juvenile (Under 11 years)</b>		
27	Open	
<b>Juvenile (11-14 years)</b>		
28	E	
29	D	
30	Open	
<b>Junior (15-17 years)</b>		
31	E	
32	D	
33	Open	
<b>Youth (18-21 years)</b>		
34	E	
35	D	
36	Open	
<b>Adult (22-34 years)</b>		
37	E	
38	D	
39	Open	
40	Open Invitational	
<b>Masters I (35-44 years)</b>		
41	E	
42	D	
43	Open	
<b>Masters II (45-59 years)</b>		
44	E	
45	D	
46	Open	
<b>Masters III (60 years and over)</b>		
47	E	
48	D	
49	Open	
<b>PRO-AMS</b>		
50		Juvenile / Junior
51		Youth / Adult
52		Masters

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<b>FREESTYLE ROCK 'N' ROLL (Liftwork)</b>		
<b>Event</b>	<b>Grade</b>	<b>Type</b>
<b>Juvenile (11-14 years)</b>		
53	D Restricted	
<b>Junior (15-17 years)</b>		
54	D Restricted	
55	Open	
<b>Youth (18-21 years)</b>		
56	D Restricted	
57	Open	
<b>Adult (22-34 years)</b>		
58	D Restricted	
59	Open	
60	Open Invitational	
<b>Masters I (35-44 years)</b>		
61	D Restricted	
62	Open	
<b>Masters II (45-59 years)</b>		
63	D Restricted	
64	Open	
<b>Masters III (60 years and over)</b>		
65	D Restricted	
66	Open	

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<b>The Harlem</b>		
<b>Event</b>	<b>Grade</b>	<b>Type</b>
<b>Sub – Juvenile (Under 11 years)</b>		
67	Open	
<b>Juvenile (11-14 years)</b>		
68	E	
69	D	
70	Open	
<b>Junior (15-17 years)</b>		
71	E	
72	D	
73	Open	
<b>Youth (18-21 years)</b>		
74	E	
75	D	
76	Open	
<b>Adult (22-34 years)</b>		
77	E	
78	D	
79	Open	
80	Open Invitational	
<b>Masters I (35-44 years)</b>		
81	E	
82	D	
83	Open	
<b>Masters II (45-59 years)</b>		
84	E	
85	D	
86	Open	
<b>Masters III (60 years and over)</b>		
87	E	
88	D	
89	Open	
<b>PRO-AMS</b>		
90		Juvenile / Junior
91		Youth / Adult
92		Masters

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# LINDY HOP

Event	Grade	Type
<b>Sub – Juvenile (Under 11 years)</b>		
93	Open	Dance Only
<b>Juvenile (11-14 years)</b>		
94	E	Dance Only
95	D	Dance Only
96	Open	
97	Open	Dance Only
<b>Junior (15-17 years)</b>		
98	E	Dance Only
99	D	Dance Only
100	Open	
101	Open	Dance Only
<b>Youth (18 - 21 years)</b>		
102	E	Dance Only
103	D	Dance Only
104	Open	
105	Open	Dance Only
<b>Adult (22-34 years)</b>		
106	E	Dance Only
107	D	Dance Only
108	Open	
109	Open	Dance Only
110	Open Invitational	
<b>Masters I (35-44 years)</b>		
111	E	Dance Only
112	D	Dance Only
113	Open	
114	Open	Dance Only
<b>Masters II (45-59 years)</b>		
115	E	Dance Only
116	D	Dance Only
117	Open	
118	Open	Dance Only
<b>Masters III (60 years and over)</b>		
119	E	Dance Only
120	D	Dance Only
121	Open	
122	Open	Dance Only
<b>PRO-AMS (Dance Only)</b>		
123		Juvenile / Junior
124		Youth / Adult

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125		Masters
<b>NOVELTY EVENTS</b>		
Event	Grade	Type
126	Rock 'n' Roll	Boy / Boy
127	Rock 'n' Roll	Girl / Girl
128	Rock 'n' Roll	Adult / Child
129	Rock 'n' Roll	Jack n Jill
130	Lindy Hop	Boy / Boy
131	Lindy Hop	Girl / Girl
132	Lindy Hop	Adult / Child
133	Lindy Hop	Jack n Jill
134	Any Style	Teams – Minimum 3 Couples

<b>TRIPLES</b>		
Event	Grade	Type
135		Sub-Juvenile/Juvenile/Junior
136		Youth / Adult
137		Masters
<p><b>Please note: Should entries be insufficient in specific grades of any given style, events will be combined, e.g., E &amp; D dance together.</b></p>		

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# PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS

Club Condell Park on Saturday, 13<sup>th</sup> October, 2018

## COMPETITOR ENTRY FORM

Leader:			DOB	Age	
Address:		Suburb	State		Post Code
Email:			Mobile		
Follower:			DOB	Age	
Address:		Suburb	State		Post Code
Email:			Mobile		
Studio/Teacher:					
Extra Partners 2.			DOB:		
3.			DOB:		
4.			DOB:		

### Indicate Event Numbers *(in boxes below)*

	Rockabilly	Rock 'n' Roll	Freestyle Liftwork	The Harlem	Lindy Hop	Novelty/ Pro Am
1						
2						
3						
4						

### CLOSING DATE FOR ENTRIES FRIDAY, 14<sup>th</sup> September 2018

Tickets	Price	Quantity <i>(please indicate number of tickets required under relevant category)</i>	
		Qty	Total Price
Competitor – Sub-Juvenile	\$10.00		\$
Competitor – Junior, Juvenile	\$30.00		\$
Competitor – Youth	\$35.00		\$
Competitor – Adult/Masters I	\$50.00		\$
Competitor – Masters II & III	\$45.00		\$
Novelty / Pro-Am	\$15 per event extra		\$
Video Tag / Package	See Entry - Item 11		\$

**TOTAL**

\$

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**PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS**  
**Club Condell Park on Saturday, 13<sup>th</sup> October, 2018**

## TICKET ORDER FORM

<b>Name:</b>					
<b>Address:</b>					
<b>Suburb:</b>		<b>State:</b>		<b>Postcode:</b>	
<b>Phone:</b>		<b>Email:</b>			
<b>Studio/Teacher:</b>					
Tickets	Price	<i>Quantity (please indicate number of tickets required under relevant category)</i>			
		Qty	Total Price		
<b>Pre-booked premium seats</b>	+ \$5.00 per seat		\$		
<b>Spectator – Adult</b>	\$32.00		\$		
<b>Spectator –U16, Pensioner</b>	\$18.00		\$		
<b>Spectator – Family (2A&amp;2C)</b>	\$80.00		\$		
<b>Souvenir Programme (Printed)</b>	\$10.00		\$		
		<b>Total Price</b>	\$		
Please note: Admin. Fee of \$3 is applicable plus \$5 per seat should you wish to pre-book premium seat(s).		<b>Admin Fee</b>	<b>\$ 3.00</b>		
		<b>Grand Total</b>	\$		

**Payment Methods** (Please circle appropriate method to indicate payment type. )

Direct Deposit: BSB: 302 968 Account No. 018 1989

Account Name: PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS

Please use your first initial and surname in Bank reference field.

**Direct Deposit / EFT:**

Please make Cheques & Money Orders payable to:  
 PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS

**Cheque:**

**Money Order:**

**Please forward your completed Competitor Entry forms and Ticket Order forms along with payment details to:**

[events@panpacificrocknrollnswing.com.au](mailto:events@panpacificrocknrollnswing.com.au)

or

Mail to: PO BOX 5340 GREYSTANES, NSW., 2145

**Confirmation of your entry/order will be returned.**

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**PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS**  
**Club Condell Park on Saturday, 13<sup>th</sup> October, 2018**

**Notice of Availability for Judging**

The services of will be made available at the PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS on Saturday, 13<sup>th</sup> October 2018.

*Please place a cross (X) under the genres you would be able to judge*

<b>Rockabilly</b>	<b>Rock 'n' Roll</b>	<b>Freestyle (Lift-work)</b>	<b>The Harlem</b>	<b>Lindy Hop</b>	<b>Novelties</b>

Please provide details of your judging qualifications and experience:

<b>Phone:</b>		<b>Email:</b>	
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The services of will be made available at the PAN PACIFIC ROCK 'N' ROLL & SWING DANCE CHAMPIONSHIPS on Saturday, 13<sup>th</sup> October 2018.

*Please place a cross (X) under the genres you would be able to judge*

<b>Rockabilly</b>	<b>Rock 'n' Roll</b>	<b>Freestyle (Lift-work)</b>	<b>The Harlem</b>	<b>Lindy Hop</b>	<b>Novelties</b>

Please provide details of your judging qualifications and experience:

<b>Phone:</b>		<b>Email:</b>	
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**We appreciate your willingness to participate and thank you for your support.**

**Please return your Notice of Availability for Judging to the below address by Monday, 10<sup>th</sup> September 2018.**

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**Club Condell Park on Saturday, 13<sup>th</sup> October, 2018**

## **Grade Restrictions**

- E Grade:** Events are DANCE ONLY. No lifts, props, drops or slides permitted. Each dancer must support own weight.
- D Grade:** Props, drops and slides are permitted.  
In FREESTYLE, no lift work permitted for Sub-Juvenile (Under 11 years), however restricted lifts for all other age categories
- C Grade:** Props, drops and slides are permitted.  
In FREESTYLE, unrestricted lifts except for Juvenile & Junior.
- B Grade:** Props, drops and slides are permitted.  
In FREESTYLE, unrestricted lifts except for Juvenile & Junior.
- Open:** In FREESTYLE, unrestricted lifts.
- Open Invitational:** This is an unrestricted lifts event open to all professional dancers. Amateur dancers are invited in all dance styles.
- Dancing Up:** Competitors dancing in Sub-Juvenile, Juvenile and Junior may dance up one category. Youth competitors are eligible to dance up to Adult. Masters I, II, III are eligible to dance down to Adult, or by special permission.

## **Lifts Definitions**

- Restricted Lifts:** When dancing in a restricted lift event, a minimum of 3 different lifts must be performed from the following restricted lift list:  
Straddle, Hip-Hip, Hip Sit, Hip Toss, Cradle (or Baby), Bunny Jump  
No lift is to be above the shoulders.
- Unrestricted Categories:** – No International Lifts – Must maintain some partner contact at all times.
- Open, Open Invitational and Unrestricted Categories:**  
A minimum of 5 different lifts must be performed.

Freestyle Rock 'n' Roll lifts are different in character, style and execution to those used in Lindy Hop.

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## **Dance Styles**

**Rock n Roll:** Basic actions, flat triple step, pressure step, flick step (9 step), tap step (the stomp). The style commenced must be maintained as your basic throughout the whole dance.

**The Harlem:** Danced to combinations of 4, 6 & 8 count patterns, with the emphasis being on 6 & 8 count. Basic 6 being a flat chasse movement, minimal back step and characterised by the staccato steps of hesitations plus waist spins and swing outs; very smooth styling, using the rhythms of the music. No high knee actions. Must incorporate at least 3 basic Harlem Steps e.g. Hesitations, Slew Foot, Waist spin. Supported sweeps, not lifted above the waist are also permitted.

**Lindy Hop:** Characterises the swing era, danced to combinations of 4, 6 & 8 count patterns, mainly 8. Must contain 8-count swing outs, lindy circles, Charleston's and depict the expressions of freedom which was the basis of this dance. Lindy Hop lifts are a continuous flow of the dance and have a wild, somewhat untidy character.

**Rockabilly:** Basic actions are to 1 bar of music, 4-count, no back step, basic hand holds and danced anticlockwise, either lay back or forward.

e. & o.e.

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